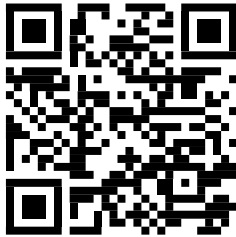


Washington County Resource Guide

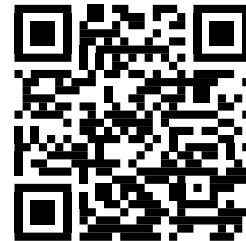
Food Resources

Find out which pantries and meal sites are in your area by accessing the Food Bank “Find Food” tool or using our Food Assistance List by visiting rifoodbank.org/find-food or use the QR code below:



SNAP Assistance

If you are interested in learning more about the Supplemental Nutrition Assistance Program or need assistance with current benefits, contact the Food Bank’s SNAP Outreach program at rifoodbank.org/snap-outreach or use the QR code below:



Community Action Agencies

Community Action agencies aim to provide resources, support, services and programs to Rhode Island residents. Each CAP agency provides varying services, contact the agency for exact services provided. For a list of state-wide CAPS, go to www.ricommunityaction.org.

Tri-County Community Action Program

415 Tower Hill Rd., North Kingstown, RI 02852
401-351-2750 | www.tricounty.org

Tri-County Community Action Program

1935 Kingstown Rd., Wakefield, RI 02879
401-351-2750 | www.tricountyri.org

Tri-County Community Action Program

34 Pond St., Westerly, RI 02891
401-351-2750 | www.tricountyri.org

Resource Referrals

Additional resources can be provided by **United Way of Rhode Island**. United Way provides resource referrals for a variety of basic needs. Contact United Way at unitedwayri.org or call 2-1-1.

DHS Offices

Go to www.dhs.ri.gov/about-us/dhs-offices for a listing of all state-wide Department of Human Services offices.

South County DHS

4808 Tower Hill Rd., Suite G1,
Wakefield 02879
Phone: (855)-697-4347

Newport County

31 John Clarke Road
Middletown, RI 02842
Phone: (855)-697-4347

Appointment Only

Shepard Building	Hazard Building
80 Washington St	41 West Road
Providence, RI 02903	Cranston, RI 02920
Phone: (855)-697-4347	Phone: (855)-697-4347

Healthcare, Housing & Transportation

General Healthcare	Wood River Health Services	Wood River Health provides a wide array of health services for families and individuals, including basic health, mental health, and more.	woodriverhealthservices.org (401) 539-2461
	Thundermist Health Center	Thundermist provides low-cost, non-emergency medical & dental care for individuals and families from across Providence County.	thundermisthealth.org (401) 783-0523
	Rhode Island Free Clinic	Rhode Island Free Clinic provides free/low-cost, non-emergency medical and dental care for all Rhode Islanders.	rifreeclinic.org (401) 274-6347
	BH Link	BH Link provides mental health resources and services to all Rhode Islanders.	www.bhlink.org (401) 414-5465
	RI Housing Authority	Rhode Island Housing Authority is the states central housing branch and can provide information for your local authority.	rihousing.com (401) 457-1234
Housing Resources	Regional Access Points (RAPs)	Regional Access Points provide individuals and families at imminent risk of homelessness, or experiencing homelessness, with centralized entry points to housing-related services, mental health and other critical resources	housing.ri.gov/resources/individuals-experiencing-homelessness
	Crossroads Rhode Island	Crossroads RI provides numerous services to individuals and families, including emergency housing and permanency assistance.	crossroadsri.org (401) 521-2255
	Diocese of Providence	The Diocese provides support for housing resources, including shelter programs, rental assistance and elder services. Church membership is not required.	dioceseofprovidence.org (401) 278-2504
Transportation	RIPTA Bus Routes	RIPTA Bus routes run throughout Rhode Island. A one-way ride is \$2, with fare waivers available for select populations.	www.ripta.com (401) 781-9400