

RI Resource Directory



RHODE ISLAND COMMUNITY
FOOD BANK



**Community
Outreach**

January 2026

For RI Community Food Bank Member Agencies

This directory, developed by the Rhode Island Community Food Bank's Community Impact Department, was designed for the convenience of our member agencies to better help guests access basic needs, resources and services across the state.

The directory includes eligibility guidelines and program information for state and federal programs. For more detailed information about the programs and resources included in this directory, check out the websites and/or call the phone numbers listed.

Rhode Island Community Food Bank
200 Niantic Ave Providence, RI 02907

www.rifoodbank.org

401-942-6325

For information or corrections, contact:

Miguel Sanchez
Community Outreach Coordinator
msmsanchez@rifoodbank.org

401-230-1711

2026 Edition

Table of Contents

How to Make Quality Referrals for Basic Needs Assistance	
Food Assistance—SNAP & WIC	p. 3-4
Food Assistance—Additional Services	p. 5
Housing & Utilities Programs	p. 6
Healthcare & Medical Assistance	p. 7-11
Additional Services	p. 12-15
Where Else to Go to Find Services in RI	
Overview of RI State Offices	p. 16-17
A. Community Action Programs (CAPs)	p. 18
B. Diocese of Providence Community Outreach Centers	p. 19
	p. 20

How to Make Quality Referrals for Basic Needs Assistance

Providing thoughtful and accurate referrals helps ensure individuals and families are connected to the right services at the right time. Use the steps below to guide supportive and effective referrals.

1. Gather Key Information: Before making a referral, learn important details about the individual's situation. This helps ensure the service you recommend is appropriate and accessible.

Key details to ask about:

Location – Where does the individual live?

Household Size – How many people are in the household?

Language – Preferred language for communication

Schedule – Days and times they are able to access services

Urgency – Immediate need vs. longer-term support

Specific Need – Food, housing, utilities, healthcare, employment, etc.

Practice Active Listening:

Give the person time to explain their situation and listen without interruption.

Show understanding and empathy.

Example:

"Thank you for sharing that with me. Let's see what resources might be able to help."

3. Ask Probing Questions

Follow-up questions can help clarify needs and identify the most appropriate resource.

Examples:

- "Have you used this service before?"
- "Do you have transportation to get there?"
- "What days or times work best for you?"

4. Know Available Community Resources

Stay informed about programs and services in your community, such as:

- Food pantries and meal programs
- Housing and rental assistance
- Utility assistance programs
- Healthcare and mental health services
- Employment and workforce programs

Being familiar with available resources helps ensure accurate and helpful referrals.

5. Be Patient, Kind, and Respectful

Individuals seeking assistance may be experiencing stress or hardship.

Approach each interaction with:

- Empathy
- Patience
- Respect
- Cultural awareness

6. Provide Clear Guidance: When giving a referral, make sure the individual understands how to access the service.

Provide:

- Organization name
- Address or location
- Phone number or website
- Hours of operation
- Steps to receive services

Example:

"You can visit the Elmwood Community Pantry on Tuesdays from 10 AM–2 PM. They are located at 123 Main Street and do not require an appointment."

Goal

Support individuals and families by connecting them to the right resources with clear information and guidance.

Need more help finding community resources and information to help you make quality referrals to guests?



The Community Outreach team at the Rhode Island Community Food Bank focuses on connecting individuals and agencies with SNAP support and resources for basic needs. The team works to address challenges such as food insecurity within the community.

The Community Outreach team is structured into two main branches:

- **Community Resources:** This branch focuses on identifying and providing access to a wide array of support services.
- **SNAP Outreach:** This branch provides information and assistance to help individuals and families determine if they qualify for SNAP benefits and assistance with the SNAP application.

The Community Outreach team utilizes a variety of methods to deliver our services, including:

- **Direct Outreach:** This involves engaging with individuals at community events to offer support and guidance.
- **Workshops:** The team hosts workshops to provide in-depth information about SNAP benefits and community resources, including a variety of service programs and public benefits.
- **Informational Materials:** Creating and distributing materials in multiple languages ensures a broader reach and provides easily accessible information.
- **One-on-One Assistance:** Individuals receive SNAP assistance and personalized support to navigate the public benefits system and access the resources they need.

For additional community resources or more information on Community Resources

Go to: <https://rifoodbank.org/agency-resources/community-resources>

Food Assistance

SNAP – Supplemental Nutrition Assistance Program

The Supplemental Nutrition Assistance Program, or SNAP, provides a monthly benefit for the purchase of food items through an Electronic Benefits Transfer card (EBT). The card is used at participating supermarkets and convenience stores. The monthly benefit amount depends on countable income certain expenses, and household size. Most families and individuals who fall below the program's income guidelines are eligible for SNAP (formerly the Food Stamp Program).



Income Guidelines (October 1, 2025 through September 30, 2026)

	October 2024- September 2025	*NEW* October 2025- September 2026	October 2024- September 2025	*NEW* October 2025- September 2026
Household size	Maximum monthly gross income (185%) (Households without an older adult or someone with a disability)		Maximum monthly gross income (200%) (Households with an older adult or someone with a disability)	
1	\$2,322	\$2,414	\$2,510	\$2,610
2	\$3,152	\$3,262	\$3,408	\$3,526
3	\$3,981	\$4,109	\$4,304	\$4,442
4	\$4,810	\$4,958	\$5,200	\$5,360
5	\$5,641	\$5,805	\$6,098	\$6,276
6	\$6,469	\$6,653	\$6,994	\$7,192
Additional	Approx. \$831	Approx. \$849	Approx. \$898	Approx. \$918

For those below these income guidelines, eligibility for SNAP Benefits is based on household income and expenses.

*** Eligibility guidelines for seniors & people with disabilities requires more information. If the income is above these limits, people may still be eligible. ***

For more details on current guidelines, also visit:

- RI Community Food Bank: <http://www.rifoodbank.org>
- RI DHS Website: <http://www.dhs.ri.gov/Programs/SNAPEligibility.php>
- Economic Progress Institute: <http://www.economicprogressri.org/index.php/snap>

Information in this directory is current as of January 2026.

For additional SNAP & WIC information, visit the RICFB SNAP Resources page by scanning the QR

Code here, or visit <https://rifoodbank.org/what-we-do/food-bank-programs/snap>



WIC



SNAP

Additional Food Assistance Services

Farm Fresh RI—Bonus Bucks

SNAP/EBT Cards can be used to purchase fresh food at many local farmers markets. Bonus Bucks are currency for fresh food from local farms and producers at RI farmers markets.

For every dollar you swipe with EBT, you'll get a free dollar in Bonus Bucks for buying fresh fruits and vegetables. Double your SNAP! Bonus Bucks do not expire. SNAP recipients take the EBT card to the Farm Fresh table at participating markets and receive extra money for fresh food.

SNAP EBT cards can also be used for CSA (Community Supported Agriculture) subscriptions as well.

For more details and farmers market locations, contact:

Farm Fresh Rhode Island, (401) 312-4250

Or visit <https://www.farmfreshri.org/programs/farmers-markets/bonus-bucks/>

SunBucks (Summer EBT)

The Summer EBT program is designed to assist families with school-age children supplement their food budgets, particularly children who rely on school breakfast/lunch to have quality meals during the school year. Summer EBT will help ensure children are still receiving proper nutrition during summer break. Not all families will be automatically eligible for the program. Families with school-age children who are already on SNAP, TANF, Medicaid or the National School Lunch program will automatically qualify. Families that do not currently receive benefits will have the opportunity to apply for SUN Bucks with an Alternate Income Application, by completing a NSLP application, or by applying online through DHS. The program is designed to provide \$120 total benefits per eligible child in each household. Funds may be loaded onto one card or multiple cards depending on the household. SUN Bucks payments will be a one time payment per child per year. The program is a permanent program runs every summer (started in 2024). Applications can be found at: <https://dhs.ri.gov/programs-and-services/supplemental-nutrition-assistance-program-snap/supplemental-nutrition-10>

Meals on Wheels of Rhode Island

70 Bath Street, Providence, 02908 • (401)-351-6700 • info@rimeals.org • <http://rimeals.org>

Meals on Wheels of Rhode Island delivers meals to seniors and home bound across the state. They also provide a congregate dining program in Providence and emergency response systems to those in need.

Homebound Delivery Eligibility: There are 4 basic requirements that need to be met in order to be considered for the delivery Meal Program.

- The person must be unable to cook because of a physical or psychological reason.
- The person must live alone or have no help preparing meals during the day.
- The person must be 60 years of age or older or be on a DEA or DHS Waiver program.
- The person must be homebound and unable to get out on their own.

For more information, delivery details, or exceptions, visit:

<http://www.rimeals.org/programs>

To locate food pantries or meal sites across Rhode Island, visit the interactive map on the Food Bank website: www.rifoodbank.org —> [FIND FOOD](#) —> Food Assistance List & Interactive Map

Housing & Utilities Programs

Public Housing and Section 8 Vouchers

<https://www.rihousing.com/renters/#renter-programs-mobile>

Housing Choice Voucher Program

The Section 8 Housing Choice Voucher Program is the federal government's major program for helping eligible families, senior citizens, and individuals with disabilities afford safe, healthy homes in their community.

Section 8 Subsidized Apartments

The Section 8 Subsidized Apartment Rental Assistance is a federal program that helps income-eligible individuals, families, senior citizens, and individuals with disabilities to pay just 30 percent of their income towards their rent so they can afford safe, healthy homes.

Local Public Housing Authorities (PHAs) own and manage developments and administer Section 8 vouchers, which allow households to rent in the private market. **Waiting lists exist for both types of subsidized housing.** Applicants can apply for units and vouchers in more than one community. A PHA (Public Housing Authority) may have a preference list for the types of households that would be a priority for a unit or voucher.

RI Public Housing Authorities: <https://www.rihousing.com/public-housing-authorities>

Who Qualifies?

- Elderly
(Age 65 or older)
- Persons with disabilities
- Families who meet income guidelines

Centralized Waiting List:

In December 2017, RIHousing and the Public Housing Association of Rhode Island (PHARI) launched a centralized waiting list (CWL) for the Housing Choice Voucher Program. This online system provides applicants with access to numerous HCVP waiting lists through a single application.

If you are interested in the Housing Choice Voucher Program, please visit www.waitlistcentralri.com and select "applicant login" to create an account and apply. Applicants requiring assistance completing an application may contact Rhode Island Housing at 844-459-3600 or via email at waitlist@rihousing.com. To request a reasonable accommodation, please call 401-457-1288. Hearing impaired applicants may call our TTY number at 401-450-1394.

Not all of Rhode Island's Public Housing Authorities (PHAs) participate in the CWL.

Those interested in applying for a Housing Choice Voucher in a community not participating in the CWL should contact the PHA for that city or town.

CAP Agencies in various communities can also offer various types of housing assistance. Each CAP agency offers something different so check with the agency in your community. To find the location nearest you, see Appendix A or visit: <https://www.ricommunityaction.org>

Maintaining Shelter and Housing

Rhode Island Housing

44 Washington Street, Providence, 02903 | 401-457-1234 | Toll Free: 800-427-5560

TTY: 401-450-1394 | Para Español: 401-457-1122 | www.rihousing.com

Rhode Island Housing strives to ensure that all people who live or work in Rhode Island can afford a healthy, attractive home that meets their needs.

Rhode Island Housing HelpCenter

The Rhode Island Housing HelpCenter provides a safe place for advice and education about protection from foreclosure or coping with the loss of home. The HelpCenter's trusted, trained counselors will assess the situation and provide advice, education or referrals.

Counseling services are FREE and confidential. Start by completing the Financial Information Package available at the link above. For assistance in completing the package, contact the HelpCenter by calling: 401-457-1130 or visit:

<https://www.rihousing.com/homeowner-assistance>

Rhode Island Legal Services

Call RILS for legal assistance for residents at-risk of eviction and homeowners at risk of foreclosure. Access legal aid by calling **401-274-2652**. <http://www.rils.org/>

Emergency Housing Assistance—*Immediate assistance in an emergency or temporary crisis*

United Way 2-1-1 in Rhode Island is a 24/7 social and human services helpline that offers free and confidential referrals to programs and services throughout the states.

Dial 2-1-1 for immediate assistance from a specialist or visit <https://www.uwri.org/2-1-1>

Homeless or at risk of homelessness?

Regional Access Points provide individuals and families at imminent risk of homelessness, or experiencing homelessness, with centralized, easy-to-access entry points to housing-related services, including case management, housing navigation, emergency shelter, mental health and substance use services, and other critical resources. The goal is to prevent homelessness and/or facilitate individuals' transition from homelessness to stable housing and improved well-being. For more information visit: <https://housing.ri.gov/resources/individuals-experiencing-homelessness>

Listed below are locations funded by the EOH and available to Rhode Islanders accessing the homelessness response system. Service offerings may differ by location, and additional resources may also be available.

RAP	Address	Hours of Operation	Contact Information
Community Care Alliance RAP	245 Main Street, Woonsocket, RI	M-F 9:00.m.-3:00p.m.	401-445-4237 CCA.shelter@communitycareri.org
Crossroads RAP	160 Broad Street Providence, RI	M-F 8:30 a.m. - 4:30 p.m.	401.865.6215 HPS@crossroadsri.org
OpenDoors Pawtucket RAP	1139 Main Street, Pawtucket, RI	M-F 9:00 AM-3:00 p.m.	401-214-5542 help@opendoorsri.org
WARM Center, Inc. RAP	16 High Street, Westerly, RI	M-F 7:00 a.m. - 10:00 p.m.	(401)596-WARM info@warmcenter.org
Shower to Empower RAP	Rotating Locations	W, TH 9:00 a.m. – 12:00 p.m.	emilym@thehouseofhopecdc.org
Sojourner House RAP	1570 Westminster Street, Providence, RI	M-F 9:00a.m. -5:00 p.m.	401-765-3232 care@sojournerri.org
Newport Mental Health	42 Valley Road Middletown, RI	M, F 8:00 a.m. - 4:30 p.m. T, TH 8:00 a.m. –7:00 p.m.	401-846-1213 EXT 9105 RAP@newportmh.org

Additional supportive housing information can be found by researching:

- Supportive Housing Programs (Safe Havens, Transitional & Permanent housing)
- CoC Rental Assistance Program
- Housing Opportunities for Persons with AIDS (HOPWA) Program
- Or by calling 2-1- 1 or visiting: <https://www.uwri.org/2-1-1>

Low Income Utilities Programs

The Rhode Island Office of Energy Resources oversees low-income heating assistance and energy efficiency programs to help Rhode Island families cope with the high cost of home energy bills. These programs are available to the low-income, elderly, and disabled.

Discount Rate Program—Rhode Island Energy

Rhode Island Energy customers who are currently enrolled in certain government assistance programs qualify for either a 25% or 30% discount on their monthly RIE bills. To receive your RIE discount, you'll need to provide documentation confirming your eligibility.

Submit

your confirmation letter from one of the following assistance programs using their secure platform,

Globalscape:

- Supplemental Nutrition Assistance Program (SNAP)
- Low Income Home Energy Assistance Program (LIHEAP)
- Supplemental Security Income (SSI)
- Medicaid Rhode Island Works Program
- Public Assistance

If you need help accessing documentation confirming your eligibility, contact the Rhode Island Department of Human Services at 1-855-697-4347.)

Low Income Home Energy Assistance (LIHEAP)

LIHEAP helps eligible low-income households pay their heating bills.

- Applications are taken from September through May each year
- Eligibility is based on household income (Residents at or below 60% of RI median income) SNAP recipients usually also qualify for HEAP
- Payments are made on client's behalf to help with energy bills or restore gas or electric service

(See next page for eligibility guidelines and application information.)

Weatherization Assistance Program (WAP)

WAP helps low-income households reduce heating bills by providing whole house energy efficiency (also called weatherization). Tenants (with landlord approval) and homeowners are eligible for weatherization.

- Assistance available year round
- Pre-qualify through HEAP
- Have not had an energy audit in the last 10 years

Appliance Management Program (AMP)

AMP provides a home visit with a CAP auditor who will review client electric bills and energy use. The auditor will then give ideas to help save energy and money as well as replace inefficient refrigerators and freezers, replace incandescent light bulbs with compact fluorescent light bulbs, and install devices to reduce hot water use.

- Assistance available to those who qualify for HEAP or if currently paying A60 electric utility rates

2026 Low Income Guidelines

- Low Income Home Energy Assistance Program (LIHEAP)
- Weatherization Assistance Program (WAP)
- Appliance Management Program (AMP)

Household Size	12 Month	3 Month	1 Month
1	\$42,252	\$10,563	\$3,521
2	\$55,252	\$13,813	\$4,604
3	\$68,253	\$17,063	\$5,687
4	\$81,254	\$20,313	\$6,771
5	\$94,254	\$23,563	\$7,854
6	\$107,255	\$26,813	\$8,937
7	\$109,692	\$27,423	\$9,141
8	\$112,130	\$28,032	\$9,344
9	\$114,568	\$28,642	\$9,547
10	\$117,005	\$29,251	\$9,750
11	\$119,443	\$29,860	\$9,953
12	\$121,881	\$30,470	\$10,156
13	\$124,318	\$31,079	\$10,359
14	\$126,756	\$31,689	\$10,563

For most current guidelines and other resources, also visit:

- LIHEAP Info: <https://dhs.ri.gov/programs-and-services/energy-assistance-programs->
- WAP: <https://dhs.ri.gov/programs-and-services/energy-assistance-programs/>
- Rhode Island Energy: <https://www.rienergy.com/RI-Home/Rates/Service-Rates>
- Heating System Repair/Replacement: <https://dhs.ri.gov/programs-and-services/energy-assistance-programs/heating-system-repair-and-replacement-program>

Keep the Heat On: a heating assistance program run by the Diocese of Providence <http://www.heatri.com/> or (401) 421-7833

Telephone Assistance

Several companies offer free or reduced services to individuals or families on public assistance. Services vary by provider. For more information, call 211 or visit <http://uwri.org/get-help-2-1-1>.

Healthcare & Medical Assistance

Free Medical Services for Uninsured people

Rhode Island Free Clinic

655 Broad St., Providence 02907

401-274-6347

www.RIFreeClinic.org

Rhode Island Free Clinic's mission is to provide free, comprehensive medical care and preventive health services to adults who have no health insurance and cannot afford those services, and to serve as an educational training site for aspiring health care professionals.

Clínica Esperanza / Hope Clinic

60 Valley St., Suite 104, Providence 02909

401-347-9093

www.aplacetobehealthy.org

The clinic provides **Primary Care** with a focus on prevention and health maintenance for **uninsured adults**. Clinic visits are by appointment. In addition to primary care, they assist patients with access to medication and referrals for specialty care as well as series of programs to help patients make lifestyle changes necessary to improve their overall health.

Community Health Services

Rhode Island Health Center Association

401-274-1771

<http://www.rihca.org>

This association provides a listing of community health centers, including medical and dental care to the uninsured.

Rhode Island Department of Health—Community Health Centers

<https://health.ri.gov/healthcare/community-health-centers>

Mental Health and Drug Treatment Resources

Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDH) – State of Rhode Island 14 Harrington Rd., Cranston 02920 | 401-462-3421 | <http://www.bhddh.ri.gov>

BHDDH is committed to assuring access to quality services and supports for Rhode Islanders with developmental disabilities, mental health and substance abuse issues, and chronic long term medical and psychiatric conditions.

Mental Health Service Locations in Rhode Island:

<https://bhddh.ri.gov/CCBHC>

Behavioral Health Treatment Services Locator:

<https://findtreatment.samhsa.gov/>

BH Link: <https://www.bhlink.org>

Hotline: 401-414-5465

Address: 975 Waterman Ave., East Providence, 02914

BH Link is a behavioral health facility designed to provide immediate assistance to a person in crisis by providing crisis intervention services and connecting people to ongoing treatment and care. Call the Hotline or visit the Triage Center to be connected to services for someone experiencing a behavioral healthcare crisis.

The Substance Use and Mental Health Leadership Council of RI

The mission of the Substance Use and Mental Health Leadership Council of RI is to promote a collaborative, coordinated system of high quality, comprehensive community-based mental health and substance abuse prevention and treatment services.

For more Information:

<https://www.sumhlc.org/>

Prescription Drug Assistance

Rhode Island RX

<http://rrix.com/about.php>

A discount prescription drug card provides savings up to 75% on FDA approved prescriptions at pharmacies across the country, including brand and generic medications.

Who Qualifies? **All** Rhode Island residents are eligible to get pharmacy discounts through this program. The program can be used to supplement most health insurance plans including Health Savings Accounts (HSA) and High-Deductible Plans. It can also be used as a Medicare Part D supplement by providing discounts on non-covered drugs.

Income and Resource Limits: There are no age, income, or resource requirements.

How to Apply: Enroll online. The RI Rx Card program is free.

More Medical Services...

A comprehensive and up-to-date listing of medical assistance services and eligibilities can be found in the “Guide to Assistance” from the Economic Progress Institute [<https://economicprogressri.org/resources/guide-to-assistance>].

These programs are detailed in that listing:

- **Dental Care** - <https://economicprogressri.org/resources/dental-care>
- **Emergency Medical Assistance** - <https://economicprogressri.org/resources/emergency-medical-assistance>
- **Free Clinics** - <https://economicprogressri.org/resources/free-clinics>
- **General Public Assistance Medical (GPA)** - <https://economicprogressri.org/resources/general-public-assistance-gpa>
- **Hospital Free Care** - <https://economicprogressri.org/resources/hospital-free-care>
- **Katie Beckett Program** - <https://economicprogressri.org/resources/katie-beckett-program>
- **Medicaid – adults 19-64** - <https://economicprogressri.org/resources/medicaid-adults-age-19-64>
- **Medicaid – Adults 65+ and people with disabilities** - <https://economicprogressri.org/resources/medicaid-adults-65-and-older-people-with-disabilities>
- **Medical Assistance for women with breast or cervical cancer** - <https://economicprogressri.org/resources/womens-cancer-screening-program>
- **Medicare Premium Payment Programs** - <https://economicprogressri.org/resources/medicare-premium-payment-program>
- **Other Health Coverage** - <https://economicprogressri.org/resources/healthsource-ri-affordable-health-coverage>
- **RI Pharmaceutical Assistance for Elderly Program** - <https://oha.ri.gov/what-we-do/access/health-insurance-coaching/drug-cost-assistance>
- **Rite Care/Rite Share** - <https://economicprogressri.org/resources/health-insurance-for-families-and-pregnant-women-2>

We’ve pulled out a few of the important basic needs programs here for your convenience. We recommend that you use this list with the **Monthly Resources** available from our website. We offer information on medical, dental, and mental health.

Medicare Premium Payment Program

These programs pay for some of the cost of Medicare for seniors and people with disabilities who are not otherwise eligible for Medical Assistance.

Who Qualifies? People that have Medicare Part A. Must be a citizen or qualified immigrant.

Income and Resource Limits: The resource limit is \$7,970 for an individual and \$11,960 for a couple. The home in which the person lives, and a car used to get to medical treatment, does not count.

How to Apply: Contact the local DHS Office.

For additional information and monthly guidelines, visit:

<http://economicprogressri.org/index.php/medicare-premium-payment-program/>

Healthcare Insurance

HealthSource RI (HSRI)

Contact Center: 401 Wampanoag Trail, East Providence 02915 | 1-855-840-4774

<http://www.healthsourceri.com>

HealthSource RI is the state's health insurance marketplace where Rhode Islanders can compare affordable health plans and purchase coverage that meets their healthcare needs and budget. When a family/individual applies for health insurance coverage through HealthSource RI, they will first be assessed for eligibility for Rite Care and Medicaid programs that provide free comprehensive health insurance (see below). If income is above the Rite Care/Medicaid limits, they will be assessed for eligibility for help paying for commercial health insurance provided through HSRI (low-cost insurance). Applicants can apply online. We recommend they meet with a Navigator in their community for help applying for coverage and enrolling in a Health Plan. Call 2-1-1 to find a Navigator near you.

Locating a Navigator

A Navigator will help individuals enroll in coverage and purchase a plan. To find a navigator, call 2-1-1.

These health insurance programs are now accessed through HealthSource RI

- **RiteCare**

RiteCare is for families or pregnant women with low income. All family members may be eligible for Rite Care (Medicaid). For families with moderate income, children will be eligible for Rite Care and the parent(s) may be able to enroll in coverage through HealthSource RI and receive federal and state assistance to help buy a commercial health insurance plan. Similarly, pregnant women may be eligible for Rite Care/Rite Share if income is within the limits or for help purchasing commercial coverage.

- **Medicaid—Adults Aged 19-64**

This program provides comprehensive medical coverage to low-income adults age 19 – 64 who are not caring for children. Income must be less than 138% of the federal poverty level which is \$17,774 for a single adult. There is no resource test for eligibility.

Medicaid - Adults over 65 and people with disabilities

Medicaid provides comprehensive medical coverage to seniors (age 65+) and people with permanent disabilities. People receiving SSI benefits automatically qualify for Medical Assistance. Apply at the local DHS Office.

Senior Health Insurance Program (SHIP)

<https://oha.ri.gov/Medicare> | 1-888-884-8721 TTY 401-462-0740

SHIP volunteers and staff are trained to help older adults and adults with disabilities understand their health care options.

See webpage for community phone numbers.

The Point—RI's healthy aging helpline **401-462-4444**

Additional Services

Through weekly e-blasts, seasonal toolkits, and monthly updated resources lists, the Community Resources Coordinator will provide up-to-date information on a number of basic needs services. Many updates can also be found in the “Guide to Assistance” at www.economicprogressri.org/

This is a quick guide where you can locate more information in specific areas:

Child Care

Bright Stars: (401) 739-6100 <http://www.brightstars.org/>

Child Care Assistance Programs: <https://economicprogressri.org/resources/child-care-assistance-program>

Head Start Association: <https://www.riheadstartassociation.org/>

Employment / Income

RIDE: College & Career Readiness: <https://ride.ri.gov/inside-ride/ride-offices/college-and-career-readiness>

Governor’s Workforce Board: <http://www.gwb.ri.gov/>

RI Dept. of Labor & Training: <http://www.dlt.ri.gov/>

RI Job Seeker Services: <https://www.employri.org/vosnet/Default.aspx>

RI Works: <http://www.dhs.ri.gov/programs-and-services/ri-works-program>

SNAP Employment & Training: <http://risnapet.org/>

Financial Services

Capital Good Fund: (866)584-3651 <http://www.capitalgoodfund.org/>

Homeless Resources

Executive Office of Housing: <https://housing.ri.gov/resources/individuals-experiencing-homelessness>

Crossroads RI: (401) 521-2255 <http://www.crossroadsri.org/>

Operation Stand Down: (401) 383-4730 <http://osdri.org/>

RI Coalition to End Homelessness: (401)721-5685 <http://www.rihomeless.org/>

Be sure to visit the Member Agencies section of the Food Bank website for links, toolkits, and information.

www.rifoodbank.org

Immigrants

Catholic Charities of Providence - Office of Immigration and Refugee Services: (401)421-7833 www.dioceseofprovidence.org/immigration-refugee-services

Dorcas International Institute of Rhode Island: (401)784-8600 www.diiri.org

Progreso Latino: (401)728-5920 www.progresolatino.org

Refugee Dream Center: (401)300-0544 <http://www.refugeedreamcenter.org/>

Legal Services

Public Defender's Office (RIPD): (401) 222-3492 www.ripd.org

Rhode Island Legal Services: (401) 274-2652 www.rils.org

Lesbian, Gay, Bisexual, Transgender

Options Resource Magazine: www.optionsri.org/resources

Parents / Families

Rhode Island Parent Information Network: (401) 270-0101 www.ripin.org

Parent Support Network of Rhode Island: (401) 467-6855 www.psnri.org

Project Undercover: (401) 773-4250 www.projectundercover.org

Seniors & Adults with Disabilities – See QR for Senior & Disabled Toolkit here:



Tax Assistance

Volunteer Income Tax Assistance (VITA): <https://www.unitedwayri.org/get-help/tax-prep/>

Transportation

RI Public Transportation Authority (RIPTA): www.ripta.com

- Reduced Fare Bus Pass Program: <https://www.ripta.com/reducedfare/>
- Seniors: www.ripta.com/seniors

MTM (Medical Transport Management): <https://www.mtm-inc.net/rhode-island/>

ADA Paratransit: www.ripta.com/ada

Overview of Rhode Island State Offices

The State of Rhode Island

<http://www.ri.gov/>

**Behavioral Healthcare & Developmental
Disabilities**

<http://www.bhddh.ri.gov/>

Children, Youth, & Families (DCYF)

<http://www.dcyf.ri.gov/>

Education (RIDE)

<http://www.ride.ri.gov>

Office of Healthy Aging (OHA)

<http://www.oha.ri.gov>

Emergency Management (EMA)

<http://www.riema.ri.gov>

Energy Resources

<http://www.energy.ri.gov/>

Governor's Workforce Board

<http://www.gwb.ri.gov/>

Department of Health

<http://www.health.ri.gov>

Human Services (DHS)

<http://www.dhs.ri.gov>

Labor & Training (DLT)

<http://www.dlt.ri.gov>

Veterans Affairs

<http://www.vets.ri.gov/>

Executive Office of Housing

<https://housing.ri.gov/>

Appendix A – RI Community Action Programs (CAPS) *(continued)*



Office lobbies may be closed to the public. Call to make an appointment.

www.ricommunityaction.org/

Communities served:

	<p>Blackstone Valley Community Action Program 32 Goff Avenue, Pawtucket, RI 02860 401-723-4520 www.bvcap.org</p>	<p>Pawtucket, Central Falls, Lincoln, Cumberland, Woonsocket</p>
	<p>Community Action Partnership of Providence 518 Hartford Avenue, Providence, RI 02909 401-273-2000 www.cappri.org</p>	<p>Providence</p>
	<p>Community Care Alliance 245 Main Street, Woonsocket, RI 02895 401-235-7000 www.communitycareri.org</p>	<p>Woonsocket</p>
	<p>Comprehensive Community Action 311 Doric Avenue, Cranston, RI 02910 401-467-9610 www.comcap.org</p>	<p>Cranston, Foster, Scituate, Coventry</p>
	<p>East Bay Community Action - Lower Bay 19 Broadway, Newport, RI 401-847-7821 www.ebcap.org</p>	<p>Newport, Portsmouth, Tiverton, Middletown, Jamestown, Little Compton</p>
	<p>East Bay Community Action - Upper Bay 100 Bullocks Point Avenue, Riverside, RI 02915 401-437-1000 www.ebcap.org</p>	<p>East Providence, Warren, Bristol, Barrington</p>
	<p>Tri-County Community Action Agency –Southern 1935 Kingstown Road, Wakefield, RI 02879 401-351-2750 www.tricountyri.org/</p>	<p>Exeter, Charlestown, Narragansett, Westerly, Hopkinton, North Kingstown, South Kingstown, Richmond, West Greenwich, New Shoreham</p>
	<p>Tri-County Community Action Agency –Northern 1126 Hartford Avenue, Johnston, RI 02919 401-351-2750 www.tricountyri.org/</p>	<p>N. Providence, Johnston, N. Smithfield, Smithfield, Burrillville, Gloucester</p>
	<p>West Bay Community Action Partnership 224 Buttonwoods Avenue, Warwick, RI 02886 401-732-4660 www.westbaycap.org</p>	<p>Warwick, West Warwick, East Greenwich (and North Kingstown for LIHEAP)</p>

Appendix B – Diocese of Providence

Diocese of Providence

Community Services & Catholic Charities Community Outreach Centers

Services Offered Statewide:

Keep The Heat On-Heating Assistance

- Info & Referrals to Local Social Services
- Immigration & Citizenship Services
- SNAP (Food Stamps) - Application
- Assistance Furniture Bank Referrals
- Clothing Resources
- Food Pantries & Meal Sites

Interfaith Community Dire Emergency Fund:

- Utility, Rental, and Prescription Help
- St. Gabriel’s Call:** Baby Supplies & Pregnancy Counseling, call 401.421.7833 x225

CareBreaks Program: Apply for Respite

Cabrini Fund: Apply for Childcare Assistance

Some services depend on availability of funds. Some eligibility requirements apply.

Services are made available through donations from the Catholic Charity Appeal, State & Federal grants, and the generosity of local parishes.

Community Services & Catholic Charities Outreach Center Locations:

Providence Office

Diocese of Providence
 One Cathedral Square, Providence
 401-421-7833 x200
 Mon-Fri 9am-4pm
 Serving the Greater Providence Area

Northern RI Office

All Saints Rectory
 323 Rathbun St., Woonsocket
 401-762-2849
 Serving the Greater Northern Area

Kent County Office

West Warwick Senior Center (Rear)
 145 Washington Street, W. Warwick
 401-823-6211
 Serving the Kent County Area

Project Hope Office

Project Hope/ Proyecto Esperanza
 474 Broadway, Pawtucket
 401-728-0515
 Mon-Fri 8:30am-4:30pm Serving Blackstone Valley Area

South County Office

St. Francis of Assisi Church
 114 High Street, Wakefield
 401-783-3149
 Serving Washington County

Aquidneck Island Office

401-783-3149
 Serving Newport County