



Winter 2026

Agency Programs Workshop Menu

REGISTRATION REQUIRED

Email Jennifer Hazard
jhazard@foodbank.org
or call 401.230.1709.

Registrations are taken up
to one week in advance.
All workshops are held at
the Food Bank, unless
otherwise noted.

HAPPY
new
year

JANUARY

Advocacy 101

THURSDAY, JANUARY 8 from 2 PM - 3 PM

This training will help you learn how to speak up for yourself and your community. You'll discover how to tell your story, reach out to leaders, and create positive change. The workshop gives simple tools to make your voice heard and make an impact.

Hybrid Handler Food Safety Course for Food Pantries

TUESDAY, JANUARY 27 from 2 PM - 3:15 PM

Does your food pantry need to fulfill the Food Bank's food safety training requirement? Would you like volunteers/ or staff to become certified backups? Training combines the ServSafe Food Handler course with Food Bank food safety info. Must first take online ServSafe Food Safety Handler exam.

FEBRUARY

Grant Writing Workshop

WEDNESDAY, FEBRUARY 25 from 9 AM - 11:30 AM

Doris Moore, the Food Bank's Grants Manager will provide an overview of the grant writing process, how to find funders and how to develop the components of a grant.

MARCH

Hybrid Handler Food Safety Course for Food Pantries

TUESDAY, MARCH 3 from 10 AM - 11:15 AM (ZOOM)

See above description.

Get Some Sleep! The Connection Between Diet and Sleep

THURSDAY, MARCH 19 from 2 PM - 3 PM

How often do you have a good night's sleep? Do you toss and turn all night, or do you sleep like a log? Whether you're a night owl or an early bird, come join the Healthy Habits workshop to learn more about how our everyday diets affect our sleeping patterns. Come learn more about what happens when you don't get enough sleep, which foods help us sleep better, and which ones to avoid. Plus, try our samples, get some recipe inspiration, and handouts for you and your guests.