

## Low Cost Medical Care November 2024



### General Healthcare & Dental

#### Dental Care

Dental health can be one of the most important aspects of someone's overall physical health. There are several non-profit or low-income dental options in Rhode Island, including:

- **CCRI Dental Hygiene Clinic:**  
<https://www.ccri.edu/dental/clinic/>
- **The RI Dental Association:**  
<https://www.ridental.org/for-the-public/free-and-low-cost-dental-care>
- **Rhode Island Mission of Mercy:**  
<https://www.rimom.org/>
- **Other options are available through the search tool provided here:**  
<https://www.freedentalcare.us/ci/ri-providence>

#### General Healthcare

There are several options for general healthcare for those seeking sliding scale or low-income options. Community Health Centers, free clinics, and other non-profits make up a wide network for Rhode Islanders. For a comprehensive guide to these resources, visit the RI Department of Health website at <https://health.ri.gov/healthcare/providers/communityhealthcenters/>.

### Chronic Condition Assistance

#### Asthma & Allergies

The Allergy & Asthma network helps provide assistance to individuals and families who need assistance affording lifesaving medications for allergies and asthma including inhalers and epinephrine injectors. For more information and to view available assistance, visit the Allergy & Asthma network website here:

<https://allergyasthmanetwork.org/>.

#### Diabetes & Insulin

Insulin can become a costly expense for individuals and families who have diabetic members of the household. If a household receives Medicare Part D or Medicare Advantage, your insurance could be covering your insulin, pump and other necessary needs under new legislation. For those without Medicare, the American Diabetes Foundation has compiled an extensive list of options for low cost or free diabetes treatment. For more information, visit the ADF information page at:

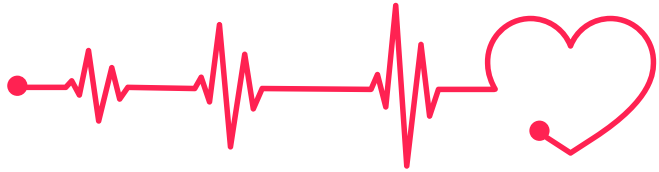
<https://diabetesfoundationinc.org/online-resources/>.

#### Eyeglasses and Vision

New Eyes is a national non-profit organization that assists thousands of individuals every year in getting prescription eyewear for free. New Eyes recognizes that it is difficult for low-income individuals who do not have insurance to obtain eyeglasses for vision issues. To combat this issue, New Eyes re-fits donated prescription glasses to fit those who need them for no cost. To apply for glasses and more information, visit New Eyes at <https://new-eyes.org/>.

This list is not representative of all services, programs, and assistance. For more information, contact RICFB Community Outreach Team.

## Low Cost Medical Care November 2024



### Reproductive Health

#### AIDS Care Ocean State

AIDS Care Ocean State is dedicated to providing quality housing, case management, medical and nursing care, and prevention to adults, families, adolescents and children who are affected by or at risk for HIV infection. For more information about services and locations, visit AIDS Care Ocean State at <https://aidscareos.org/>.

#### Planned Parenthood RI

Planned Parenthood is one of the nation's leading providers of affordable health care, and the nation's largest provider of sex education. Insurance is not required to receive treatment at Planned Parenthood. For more information about services and to book an appointment, visit Planned Parenthood at: <https://www.plannedparenthood.org/>.

#### Women, Infants & Children (WIC) Services

WIC provides a monthly benefit in order to provide for both parents and children up to age 5. Individuals that are pregnant, breastfeeding, or post-partum (up to 6 months, regardless of birth outcome), and/or have a child up to age 5 may participate in the WIC program if they meet eligibility guidelines. For more information, visit the Department of Health at: <https://health.ri.gov/find/services/detail.php?id=44>.

### Mental Health & Addiction Treatment

#### CODAC

CODAC provides statewide, person-centered, effective, efficient, and comprehensive care for individuals with substance use disorders and other mental health challenges. CODAC staff focus on personal dignity and empowerment while emphasizing access, quality, and sustainability. To learn more, visit <https://codacinc.org/>.

#### THRIVE Behavioral Health

Thrive Behavioral Health's mission is to improve the quality of life of people in its community by promoting growth, mutual interdependence, and recovery. Thrive's staff helps people create positive and lasting change regardless of their age, income, or insurance status. To learn more visit <https://www.thrivebhri.org/>.

## STATE HEALTHCARE NUMBERS

*If you or someone you know is in danger or needs immediate help, dial 9-1-1*

- **Providence Community Health:**  
401-444-0400
- **Mental Health Crisis Line:** 9-8-8
- **Rhode Island Free Clinic:**  
401- 274-6347
- **Clinica Esperanza:** 401-347- 9093
- **Rhode Island Dept. of Health:**  
401-222-5960

This list is not representative of all services, programs, and assistance. For more information, contact RICFB Community Outreach Team.