



**Community
Outreach**

ABAWD & THE TIME LIMIT RULE

- Individuals between the ages of 18-54* who can work and have no dependents are known as Able Bodied Adults Without Dependents (ABAWD).
- Under the Time Limit Rule, these individuals can only receive SNAP benefits for three months during a three year period.
- There are certain exemptions to the Time Limit rule. You can apply for an exemption by following the link or QR Code below:

<https://dhs.ri.gov/sites/g/files/xkgbur426/files/Documents-Forms/DHS-SNAP-ABAWD-2ClientRequestExemptionEff07-30-2018.pdf>



For more information about ABAWD regulations, contact the RICFB SNAP Team at 401-942-6325, or visit our website at <https://rifoodbank.org/snap-outreach/>.

***Beginning October 1st, 2024, new ABAWD rules will increase the age cut-off to 54 years old.**

ABAWD Exemptions



Individuals younger than 18 or older than 52* are exempt, as well as households containing children younger than 18.



Temporary or permanently disabled individuals are exempt. Caretakers for these individuals may also be exempt.



Individuals who work at least 20 hours a week or who are enrolled in a school, college, or training program at least half-time may be exempt.