

Newport & Bristol County Resource Guide

Food Resources

Find out which pantries and meal sites are in your area by accessing the Food Bank “Find Food” tool or using our Food Assistance List by visiting rifoodbank.org/find-food or use the QR code below:



SNAP Assistance

If you are interested in learning more about the Supplemental Nutrition Assistance Program or need assistance with current benefits, contact the Food Bank’s SNAP Outreach program at rifoodbank.org/snap-outreach or use the QR code below:



Community Action Agencies

Community Action agencies aim to provide resources, support, services and programs to Rhode Island residents. Each CAP agency provides varying services, contact the agency for exact services provided. For a list of state-wide CAPS, go to www.ricommunityaction.org.

East Bay Community Action - Upper Bay
100 Bullocks Point Ave., Riverside, RI 02915
401-437-1000 | www.ebcap.org

East Bay Community Action Tiverton
1048 Stafford Rd., Tiverton, RI 02878
401-625-5134 | www.ebcap.org

East Bay Community Action - Lower Bay
19 Broadway, Newport, RI 02840
401-848-6697 | www.ebcap.org

East Bay Community Action Newport
6 John H Chafee Blvd., Newport, RI 02840
401-619-5970 | www.ebcap.org

DHS Offices

Go to www.dhs.ri.gov/about-us/dhs-offices for a listing of all state-wide Department of Human Services offices.

Woonsocket DHS
31 John Clarke Road, Middletown 02842
Phone: (855)-697-4347

Providence DHS
1 Reservoir Ave., Providence 02907
Phone: (855)-697-4347

Resource Referrals

Additional resources can be provided by **United Way of Rhode Island**. United Way provides resource referrals for a variety of basic needs. Contact United Way at unitedwayri.org or call 2-1-1.

Healthcare, Housing & Transportation →

General Healthcare	East Bay Family Healthcare	East Bay Family Healthcare provides low-cost, non-emergency general practice care to individuals and families in the Bristol and Newport areas.	ebcap.org (401) 437-1008
	Child & Family Services Newport County	Child & Family services offers healthcare, at home care, and other options for both under 18 and senior populations.	childandfamilyri.com (401) 849-2300
	Rhode Island Free Clinic	Rhode Island Free Clinic provides free/low-cost, non-emergency medical and dental care for all Rhode Islanders.	rifreeclinic.org (401) 274-6347
	BH Link	BH Link provides mental health resources and services to all Rhode Islanders.	www.bhlink.org (401) 414-5465
Housing Resources	RI Housing Authority	Rhode Island Housing Authority is the states central housing branch, and can provide information for your local authority.	rihousing.com (401) 457-1234
	Coordinated Entry System	The Coordinated Entry System provides referrals for individuals and families to shelter and emergency housing programs throughout RI.	rihomeless.org/ces (401) 277-4316
	Crossroads Rhode Island	Crossroads RI provides numerous services to individuals and families, including emergency housing and permanency assistance.	crossroadsri.org (401) 521-2255
	Diocese of Providence	The Diocese provides support for housing resources, including shelter programs, rental assistance and elder services. Church membership is not required.	dioceseofprovidence.org (401) 278-2504
Transportation	RIPTA Bus Routes	RIPTA Bus routes run throughout Rhode Island. A one way ride is \$2.50, with fare waivers available for select populations.	www.ripta.com (401) 781-9400