



RHODE ISLAND COMMUNITY
FOOD BANK

Resources & Services for Mental Health



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Rhode Island Community Food Bank

200 Niantic Ave

Providence, RI 02907

(401) 942-6325

<https://rifoodbank.org/agency-resources/community-resources/>

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Introduction & Table of Contents

This toolkit is designed to provide guidance when assisting guests and their families in locating services for mental health related needs. This guide includes information regarding general mental health assistance, counseling, substance abuse, rehabilitation, domestic violence, and healthcare related to mental health. This toolkit is to provide guidance and should not be used as the sole source of information regarding mental health. For more information, contact the Food Bank Community Outreach team.

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Mental Health

If you are experiencing an emergency situation, always dial 9-1-1

BH Link

Web: www.bhlink.org

Phone: 9-8-8

BH Link supports Rhode Islanders who are experiencing mental health emergencies by providing them with support, resources, counseling, and additional services as needed. Their hotline is available 24/7 and is staffed by mental health professionals.

THRIVE Behavioral Health

Web: www.thrivebhri.org

Phone: 401-738-4300

THRIVE provides an extensive range of community-based and outpatient mental health services, substance use treatment, educational programs, and housing services designed to assist in recovery and treatment through the family approach. Their services are available 24/7 and can be reached at their website or by phone.

The Samaritans of Rhode Island

Web: www.samaritansri.org

Phone: (401) 272-4044

The Samaritans of Rhode Island provides a completely confidential 24/7 mental health hotline for individuals who need someone to talk to. The hotline is staffed by mental health professionals and are all anonymous. Individuals seeking assistance can visit the Samaritans website or call the phone number provided.

Substance Abuse and Mental Health Services Administration (SAMHSA)

Web: www.samhsa.gov

Phone: (800) 662-4357

SAMHSA provides resources, information, reference material, and support services for individuals experiencing mental health crisis or dealing with substance abuse. Their services are free and can be accessed on their website or by calling their 24/7 hotline.

Additional Hotlines

The Trevor Project: (866) 488-7386 or text START to 678-678

National Suicide Prevention Hotline: (800) 662-4357

Veterans Crisis Line: (800) 273-8255 and Press 1

Counseling Services

Gateway Healthcare

Web: www.gatewayhealth.org

Phone: (401) 724-8400

Address: Multiple locations across Rhode Island

Family Service of Rhode Island

Web: www.familyserviceri.org

Phone: (401) 331-1350

Address: 345 Blackstone Blvd, Providence

Butler Hospital

Web: www.butler.org

Phone: (401) 455-6200

Address: 345 Blackstone Blvd, Providence

East Bay Community Action

Web: www.ebcap.org

Phone: (401) 848-6697

Address: Multiple locations throughout Rhode Island

The Providence Center

Web: www.providencecenter.org

Phone: (401) 276-4020

Address: 528 North Main St., Providence

Interfaith Counseling Center

Web: www.interfaithri.org

Phone: (401) 461-5234

Address: 99 Pierce St., East Greenwich & 1 Richmond Sq. Suite 106K, Providence

Behavioral Health Treatment Services Locator

Web: www.samhsa.gov

This tool provided by SAMHSA allows individuals to locate alcohol, drug and mental health treatment facilities and programs around the country.

Substance Abuse Recovery & Support

Anchor Recovery Community Centers

Web: www.anchorrecovery.org

Phone: (401) 721-5100 (Pawtucket), (401) 615-9945 (Warwick)

Address: 249 Main St, Pawtucket & 890 Centerville Rd., Warwick

Anchor Recovery Centers focus on Peer-to-Peer recovery programs, working with individuals and families to work through the recovery process from start to finish. All programs are confidential and supervised by mental health professionals.

Bridgemark Addiction Recovery Services

Web: www.bridgemark.org

Phone: (401) 781-2700

Address: 2020 Elmwood Ave., Warwick

Bridgemark services are focused on substance abuse recovery in a warm and welcoming environment. Bridgemark specializes in smoking cessation, substance abuse, gambling addiction, general mental health, and transitional housing. Bridgemark is also one of few centers that provides their services in ASL for the Deaf and hard of hearing.

Providence Safe Stations

Web: www.pvdsafestations.com

Phone: (401) 942-7867

Address: Any of Providences 12 Fire Stations

All 12 of Providences Fire Stations provide access to recovery services for those struggling with substance abuse. Safe Stations provide confidential referrals to substance abuse treatment and counseling and give individuals a safe and confidential method for disposing of any illicit substances they may have. Their services can also be reached 24/7 at the phone number provided.

Open Doors: Access to Recovery

Web: www.opendoorsri.org

Phone: (401) 781-5808

Address: 485 Plainfield St., Providence

Open Doors Rhode Island provides assistance to those who were previously incarcerated in returning to their lives outside of prison. In tandem with these efforts, Open Doors provides addiction recovery services for those with a history of substance abuse. Individuals seeking care from Open Doors must meet the eligibility requirements of their organization, which are listed on their website.

Department of Behavioral Healthcare, Developmental Disabilities, and Hospitals (BHDDH)

Web: www.bhddh.ri.gov

Phone: (401) 462-4680 (for treatment options)

The BHDDH provides a wide variety of resources, information, referrals, and services for individuals seeking recovery and rehabilitation options for substance abuse or mental health crisis. Dedicated case managers and mental health specialists are on call to assist in crisis situations.

Medication Treatment and Harm Reduction

Medication Treatment – *Medication treatment, or methadone treatment, is used in treating substance abuse.*

Prevent Overdose RI

Phone: (401) 606-5456
Web: www.preventoverdoseri.org
Address: 255 Westminster St. 5th Fl, Providence

CODAC

Phone: (401) 490-0716
Web: www.codacinc.org
Address: Multiple locations across Rhode Island

Addiction Recovery Institute

Phone: (401) 737-4788
Web: www.methadone.com
Address: 205 Hallene Rd. #102, Warwick

Community Care Alliance

Phone: (401) 235-7000
Web: www.communitycareri.org
Address: Woonsocket (multiple locations)

Discovery House

Phone: (401) 217-4768
Web: www.ctcprograms.com/location/providence-comprehensive-treatment-center
Address: 66 Pavilion Ave, Providence

Harm Reduction

AIDS Care Ocean State

Phone: (401) 781-0665
Web: www.aidscaeos.org
Address: 18 Parkis Avenue, Providence

East Bay Recovery Center

Phone: (401) 289-2055 | (401) 302-6231
Web: www.ebcap.org/programs/east-bay-recovery-center/.com
Address: 31 Railroad Ave., Warren

RICARES

Phone: (401) 680-0198
Web: www.ricares.org
Address: 133 Mathewson St., Providence

Weber/RENEW

Phone: (401) 383-4888
Web: www.weberrenew.org
Address: 640 Broad St., Providence

Parent Support Network

Phone: (401) 500-2998
Web: www.psnri.org
Address: 535 Centerville Road, Suite 202, Warwick

Domestic Violence Services

If you are experiencing an emergency situation, always dial 9-1-1

Blackstone Valley Advocacy Center

Phone: (401) 723-3057

Web: www.bvadvocacycenter.org

Day One

Phone: (401) 421-4100

Web: www.dayoneri.org

Address: 100 Medway Street, Providence

Domestic Violence Program at Crossroads

Phone: (401) 861-2760

Web: www.crossroadsri.org

Address: 160 Broad Street, Providence

Domestic Violence Resource Center of South County

Phone: (401) 782-3990

Web: www.dvrcsc.org

Address: 61 Main Street, Wakefield

Women's Resource Center

Phone: (401) 846-5263

Web: www.wrcnbc.org

Address: 42 Spring Street, Suite 15, Newport & 624 Main Street, Warren

Sojourner House

Phone: (401) 765-3232

Web: www.sojournerri.org

Address: 386 Smith Street, Providence

24 – Hour Hotline for Domestic Violence

1-800-494-8100

Or visit www.ricadv.org for support

National Mental Health Organizations

The National Institute of Mental Health

Web: nimhinfo@nih.gov

Phone: (866) 615-6464

The National Institute of Mental Health provides resources and information regarding maintaining and dealing with mental health issues as they arise both occasionally and clinically. This page gives access to fact-based resources and information on mental health conditions, how to address potential mental health crises, and hotlines for elderly individuals to call should they experience a crisis.

The Geriatric Mental Health Foundation

Web: www.gmhfonline.org

Phone: (703) 556-9222

The Geriatric Mental Health Foundation provides quality information regarding mental health disorders in the elderly including anxiety disorders, depression, Alzheimer's, dementia, alcoholism, and drug abuse. Not only does the foundation provide information, but it also allows elderly individuals to connect with geriatric psychiatrists to receive treatment/diagnosis for mental health disorders.

The National Institute on Drug Abuse (NIDA)

Web: www.nida.nih.gov

Phone: (301) 443-6441

The NIDA is a specialized arm of the federal Department of Health which focuses on the abuse of controlled substances, and developing resources to assist individuals and communities assist in public health initiatives. NIDA provides access to support services, informational material, rehabilitation services, and more through their general assistance page.

The National Association of Mental Health (NAMI)

Web: www.nami.org

Phone: (800) 950-6264

NAMI provides national support and education about mental health, substance abuse, and general well-being. NAMI provides educational material, support services, referrals to outside treatment facilities, and guided counseling with mental health professionals. NAMI's mission is to support both individuals experiencing mental health crisis and their families/friends as they work to assist their loved ones.