



SNAP FOR SENIORS (PEOPLE 60+)

Who can apply?

The Supplemental Nutrition Assistance Program, known as SNAP, is a federal program administered locally by the Department of Human Services (DHS). If you are a lower-income senior, aged 60 or older, you may be eligible for SNAP benefits.

Income and Benefits

SNAP benefits are determined by a number of factors, including income and expenses. The only way to determine the amount is to apply.

Can I have a house, car, and bank account and get SNAP?

Yes, you can! For most low-income seniors there is no limit to bank accounts. The home you live in, your car, life insurance policy, retirement account does not count towards your income or resources.

What about medical costs?

Medical expenses can be deducted from your income, thereby increasing your benefit amount. Medical expenses include copays for medication and doctor visits, insurance premiums, transportation to medical appointments, medical equipment and more.

What if I can't get out to apply?

You have options! You do not have to go a DHS office to apply for benefits. The application can be done by mail or online at www.healthyrhode.ri.gov. The interview for the application can be done by phone and you can authorize a trusted friend or relative to help. Also, seniors only have to recertify and complete paperwork every 3 years.

Additional Benefits

Some seniors can use SNAP at participating Subway restaurants and Federal Hill Pizza under the Restaurant Meals program. Seniors get Meals on Wheels, use Senior Farmers Market Vouchers, eat at senior meal sites, and use food pantries.



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