

COVID-19 Community Resources

Food Assistance

Rhode Island Community Food Bank Network

www.rifoodbank.org/find-food

The Food Assistance List is being updated regularly to reflect program changes. **Guests must wear masks or face coverings** when receiving food from any program.

All Are Welcome at member agencies of the Food Bank.

SNAP—Supplemental Nutrition Assistance Program

RI Department of Human Services

1-855-697-4347 | healthyrhode.ri.gov

SNAP is a monthly benefit that helps families purchase nutritious food. **Eligibility depends on household size and income.** Eligible households can apply online through the HealthsourceRI website.

The \$600/week unemployment benefit counts as income and must be reported. The \$1,200 stimulus check does not count as income.

RI Older Adult Resources

RI Office of Healthy Aging

401-462-4444 | oha.ri.gov

Older adults and people with underlying conditions are at higher risk of severe COVID-19 illness. If you are a part of this higher-risk population, or caring for someone who is, call the Healthy Aging Helpdesk, at the Point, at **401-462-4444**.

If you are 65 or older, homebound, and need assistance making meals, call **Meals on Wheels** at **401-351-6700**.

WIC—Women, Infants, and Children

401-222-5920 | health.ri.org/wic

WIC is a public health program that offers nutrition education and provides healthy food benefits to RI families who qualify. WIC is available to pregnant women, breastfeeding and postpartum mothers, and infants and children up to age 5. **Contact a local WIC office to see if your family qualifies and to apply.**

During the COVID-19 crisis, all WIC sites are still open and providing remote services by phone and mailing benefits.

Grab and Go meals for School Children

401-462-2020

health.ri.gov/diseases/ncov2019/about/foodsites/

Anyone aged 18 or under can pick up a meal at a 'Grab and Go' site. Parents and guardians can pick up food on behalf of a student. Visit the website above for more details.

The Grab and Go meal sites will continue distributing throughout the summer.

Dial **2-1-1**

Hotline available 24/7/365 for information and referrals to the resources you need.

Healthcare

If you feel ill, it is safe and smart to get the care you need.

Health Centers

Community Health Centers will help anyone, **regardless of immigration status**. The following places will also provide health care regardless of your immigration status. Call ahead to make an appointment. COVID-19 testing is available for uninsured patients.

Rhode Island Health Center Association
401-274-1771
www.rihca.org

Clinica Esperanza
401-347-9093
Adults only

Rhode Island Free Clinic
401-274-6374
Adults only
COVID line: 401-922-6843

Testing

If you think you need to be tested for COVID-19, call your doctor. There is no cost for testing. Call **401-222-8022** to find a testing site. If you do not have a doctor, call **401-274-1771** to find a **community health center** for an evaluation.

CVS, Walgreens, and some regional pharmacies can deliver medications for free. Find more options at www.ridelivers.com

Health Coverage

If you recently lost a job and your health coverage, or have recently experienced another qualifying life event, you can sign up for insurance through Healthsource RI.

Depending on your income, you may be eligible for Medicaid coverage. People eligible for Medicaid can apply at anytime.

Apply at healthsourceri.com or call **1-855-840-4774**

Did you know? All people have the right to an **interpreter** when applying for and seeking health insurance and care, at no cost, and regardless of your immigration status.

Mental Health Care

Adults seeking mental or behavioral health support can find help by reaching out to behavioral health clinics.

BH Link

Hotline: **401-414-5465** | www.bhlink.org

For kids, call Kid's Link at **1-855-543-5465**. Call to connect with a licensed counselor, 24/7.

People struggling with addiction can find resources on www.preventoverdoseri.org.



RHODE ISLAND COMMUNITY
FOOD BANK

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Housing

Housing Help RI (emergency rental assistance)

www.housinghelpri.org

The State has created a rental assistance fund for eligible households at risk of homelessness. Eligible households may receive a grant of up to \$5,000 for past due rent, late fees, or moving costs. Visit the **HousingHelpRI** website to check your household's eligibility and to apply.

Public housing residents can contact **Rhode Island Legal Services** at **274-2652 x123**. Tenants in private rental housing can call the **Rhode Island Center for Justice** at **401-491-1101**.

RI Housing Help Center

401-457-1000 | www.rihousing.com

If you are a homeowner with an FHA-insured single family home mortgage and you are having difficulty making your monthly mortgage payments:

- Continue to make your monthly mortgage payments if you can
- Contact your mortgage servicer—the entity to which you make your monthly mortgage payments—and discuss your situation to see the options available to you.
- Contact an HUD-Approved Housing Counseling Agency such as **RI Housing**.

Coordinated Entry System Hotline

Hotline: 401-277-4316 | www.rihomeless.org/coordinated-entry

If you are homeless or at risk of becoming homeless, call the **RI Coordinated Entry System** hotline to be connected to a shelter.

Capital Good Fund Crisis Relief Loans

1-866-584-3651 | www.capitalgoodfund.org/loans/crisisloan

Capital Good Fund has developed the Crisis Relief Loan to help people financially impacted by the COVID-19 crisis. This loan can be used for (but is not limited to) paying utilities, covering medical bills, paying rent, and purchasing groceries.

Visit capitalgoodfund.org to learn more, see other types of loans, and to check eligibility.

Income

Unemployment Insurance

401-462-2020 | dlt.ri.gov

If you have been laid off, furloughed, had hours cut, or can't find work in this time, you may be eligible for Unemployment Insurance. Apply online at the **Department of Labor** website above.

Jobs

backtowork.skillsforri.com
www.networkri.org

www.jobsinri.com
www.employri.org

Also try dlt.ri.gov/DLTlinksJobs.htm for job search sites specific to women, minorities, veterans, and people who are disabled.

Utilities

Energy Assistance from Community Action Programs

401-921-4968 | www.ricommunityaction.org/member-services/

Rhode Islanders who need energy assistance at this time should contact their local Community Action Program. Find a local CAP agency using the information above or call 2-1-1.

Your household may be eligible for the **Good Neighbor Energy Fund** if your income was impacted by the COVID-19 crisis.

If you need help with utility issues, contact the **RI Center for Justice** at **401-491-1101** or the **George Wiley Center** at **401-728-5555**.

National Grid Discount Rate (A-60)

www.nationalgridus.com/ri-home/bill-help/discount-rates

Low-income households may be eligible for a discounted rate on gas and electric through National Grid. If you have lost your job or income, call National Grid right away to be placed on the A-60 rate. Find the number to National Grid on your bill or online account.

Internet Service

www.everyoneon.org/find-offers

Find low-cost internet service and computers in your area by using your zip code on the **EveryoneOn** website. You can also find links to free resources for online education, job searches, internet basics, and more.

Other

Domestic Violence Hotline

24/7 Hotline: 1-800-799-7233 or **1-800-787-3224** for TTY

RI Coalition Against Domestic Violence

24 Hour Hotline: 1-800-494-8100 | www.ricadv.org

Rhode Island Legal Services

401-274-2652 | www.helprilaw.org

RI Serves—Veterans, Service members, and military families

401-921-2119 | www.riserves.org

CRUSH COVID RI app—Information, Resource, Contact Tracing

health.ri.gov/crushcovid

Family Service of Rhode Island

401-519-2283 | www.familyserviceRI.org

Rhode Island Department of Health—COVID-19 updates

401-222-8022 | health.ri.gov/covid—Available in Multiple languages.

AMOR Response Network—24/7 Support line in English & Spanish

401-675-1414 | www.amorri.org/covid-19

Visit the AMOR website to learn more about their services and how you may be able to assist your community during the crisis.

Rhode Island Department of Education

401-222-4600 | ride.ri.gov

Rhode Island Community Food Bank

401-942-6325 | www.rifoodbank.org