

Common Sense COOKING

Mediterranean Pasta Salad

2 Tablespoons	Extra virgin olive oil
	vinegar
1 cup	Chopped, cooked whole wheat pasta
1 cup	Chopped red and green peppers
½ cup	Chopped celery
¼ cup	Chopped red onion

Optional: black olives

1. mix together cooked pasta and chopped vegetables.
2. toss with a salad dressing made with extra virgin olive oil

Calories - 500